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E. Oñate
A. Valls
J. Garcia
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Computation of turbulent flows using a finite calculus-finite element formulation

E. Oñate, A. Valls and J. García

International Center for Numerical Methods in Engineering (CIMNE)
Technical University of Catalonia (UPC)
Gran Capitán s/n, 08034 Barcelona, Spain
onate@cimne.upc.edu

SUMMARY
We present a formulation for analysis of turbulent incompressible flows using a stabilized finite element method (FEM) based in the Finite Calculus (FIC) procedure. The stabilization terms introduced by the FIC approach allow to solve a wide range of fluid flow problems at different Reynolds numbers, including turbulent flows, without the need of a turbulence model. Examples of application of the FIC/FEM formulation to the analysis of 2D and 3D incompressible flows at large Reynolds numbers exhibiting turbulence features are presented. Copyright © 2007 John Wiley & Sons, Ltd.

KEY WORDS: Turbulent flows, finite calculus, finite element method

1. INTRODUCTION
Stabilized FEM have been successfully used in the past to solve a wide range of fluid mechanics problems [1–28]. The intrinsic dissipative properties of the stabilization terms (which can be interpreted as an additional viscosity) typically suffice to yield good results for low and moderate values of the Reynolds number (\(Re\)). For high values of \(Re\) most stabilized FEM fail to provide physically sound results and the numerical solution is often unstable or inaccurate. The introduction of a turbulence model is then mandatory in order to obtain meaningful results.

The relationship between the dissipation introduced by a turbulence model and the intrinsic dissipative properties of stabilized FEM is an open topic which is attracting increasing attention in the CFD community [29–34]. It is clear that both remedies (the turbulence model and the stabilization terms) play a similar role in the numerical solution, i.e. that of ensuring a solution which is “physically correct” and as accurate as possible.

This paper extends the work recently presented in [35,36] where an enhanced stabilized FEM for incompressible flows was derived via Finite Calculus (FIC). The FIC approach is
based on expressing the balance laws in mechanics in a domain of finite size. This introduces additional terms in the classical differential equations of momentum and mass balance of infinitesimal fluid mechanics [37–39]. The FIC terms are a function of characteristic length dimensions related to the finite element sizes and also to the values of the numerical solution. The FIC terms in the modified governing equations provide the necessary stabilization to the discrete equations obtained via the standard Galerkin FEM. The resulting FIC/FEM formulation allows to use low order finite elements (such as linear triangles and tetrahedra) with an equal order approximation for the velocity and the pressure variables [35–39].

This paper shows that the non linear stabilization terms introduced by the FIC formulation into the momentum equations have a form of a non linear viscosity which is a function of the velocity and the velocity gradients. On the other hand the FIC formulation introduces a laplacian of pressure term into the mass balance equation. The resulting FIC/FEM formulation can be used to solve accurately high Re number flows without the need of introducing any turbulence model. The good results obtained in the examples presented indicate that the (nonlinear) FIC stabilization terms play the role of a turbulent model. The remarkable aspect of this approach is that the FIC equations are derived from basic principles in mechanics, such as balance of momentum and mass over a domain of finite size and, in conjunction with a numerical procedure such as the FEM, they provide a very simple procedure for the analysis of complex fluid mechanics problems.

The outline of the paper is the following. In the next section, the basic concepts of the FIC method are outlined for the simple one-dimensional (1D) advection-diffusion problem. Then the FIC governing equations for an incompressible viscous flow are derived. A discussion of the stabilization terms introduced by the FIC procedure into the momentum and mass balance equations is presented. The discretization of the FIC governing equations using equal order linear finite elements is described on the matrix form of the element matrices and vectors for 3D fluid flow analysis is detailed. The time integration of the discretized equations using a fractional step scheme is described. The procedure for computing the stabilization parameters is presented. The accuracy of the FIC/FEM formulation for analysis of turbulent flows is verified in two examples of application.

2. FINITE CALCULUS. BASIC CONCEPTS

The Finite Calculus (FIC) method developed by Oñate and co-workers [35–57] is a consistent procedure for re-formulating the governing equation in mechanics introducing new terms involving characteristic space and time dimensions into the equations. The modified equations are derived by invoking the balance laws in mechanics in a space-time domain of finite size. The new terms introduced by the FIC approach are essential to obtain physical (stable) numerical solutions for all ranges of the parameters governing the physical problem.

The merit of the modified equations via the FIC approach is that they lead to stabilized schemes using any numerical method. Moreover, many stabilized numerical methods typically used in practice can be recovered using the FIC equations [37,43].

The FIC/FEM formulation has proven to be very effective for the solution of a wide class of problems, such as convection-diffusion [37–45] and convection-diffusion-reaction problems [46–48] involving arbitrary high gradients, incompressible flow problems accounting for free surface effects and fluid-structure interaction situations [49–54] and quasi and fully incompressible
In order to introduce the basic concepts of the FIC method, we will consider a steady-state convection-diffusion problem in a 1D domain $\Omega$ of length $L$. The equation of balance of fluxes in a subdomain of size $d$ belonging to $\Omega$ (Figure 1) is

$$q_A - q_B = 0 \quad (1)$$

where $q_A$ and $q_B$ are the incoming and outgoing fluxes at points $A$ and $B$, respectively. The flux $q$ includes both convective and diffusive terms; i.e. $q = u\phi - k \frac{d\phi}{dx}$, where $\phi$ is the transported variable (i.e. the temperature in a thermal problem), $u$ is the velocity and $k$ is the diffusivity of the material. For simplicity the density and the specific heat constant have been assumed to have a unit value.

Let us express now the fluxes $q_A$ and $q_B$ in terms of the flux at an arbitrary point $C$ within the balance domain (Figure 1). Expanding $q_A$ and $q_B$ in Taylor series around point $C$ up to second order terms gives

$$q_A = q_C + \frac{d}{dx}q_C \bigg|_C + \frac{d^2}{dx^2}q_C \bigg|_C + O(d^3)$$
$$q_B = q_C + \frac{d}{dx}q_C \bigg|_C + \frac{d^2}{dx^2}q_C \bigg|_C + O(d^3) \quad (2)$$

Substituting Equation (2) into Equation (1) gives after simplification

$$\frac{dq}{dx} - \frac{h}{2} \frac{d^2q}{dx^2} = 0 \quad (3)$$

where $h = d_1 - d_2$ and all the derivatives are computed at the arbitrary point $C$.

Standard calculus theory assumes that the domain $d$ is of infinitesimal size and the resulting balance equation is simply $\frac{dq}{dx} = 0$. We will relax this assumption and allow the space balance domain to have a finite size. The new balance equation (3) incorporates now the underlined term which introduces the characteristic length $h$.

Distance $h$ in Equation (3) is as a free parameter depending on the location of point $C$ within the balance domain. Note that $-d \leq h \leq d$ and, hence, $h$ can take a negative value. At the discrete solution level the domain $d$ should be replaced by the balance domain around a node. This gives for an equal size discretization $-l^e \leq h \leq l^e$ where $l^e$ is the element or cell dimension. Equation (3) is the exact balance equation (up to second order terms) for any 1D domain of finite size. The FIC balance equations can be used to derive numerical schemes with enhanced properties simply by computing the characteristic length parameter from an adequate “optimality” rule, such as requiring an smaller error in the numerical solution [40–48].
Consider, for instance, the 1D convection-diffusion problem. Neglecting third order derivatives of $\phi$, Eq.(3) can be rewritten in terms of $\phi$ as

$$-v \frac{d\phi}{dx} + \left( k + \frac{uh}{2} \right) \frac{d^2\phi}{dx^2} = 0$$

We see clearly that the FIC method introduces naturally an additional diffusion term in the standard convection-diffusion equation. This is the basis of the popular “artificial diffusion” procedure [1,2,10,25] where the characteristic length $h$ is typically expressed as a function of the cell or element dimension. The critical value of $h$ can be computed by requiring that the numerical solution of Eq.(4) is physically meaningful [1,2,10,25,37–43].

Equation (3) can be extended to account for source terms. The resulting FIC balance equation can then be written in compact form as [37]

$$r - h \frac{dr}{dx} = 0$$

with

$$r := -u \frac{d\phi}{dx} + \frac{d}{dx} \left( k \frac{d\phi}{dx} \right) + Q$$

where $Q$ is the external source. Note that for $h = 0$ the standard heat balance equation of the infinitesimal theory ($r = 0$) is recovered.

The essential (Dirichlet) boundary condition for Eq.(5) is $\phi = \bar{\phi}$ on $\Gamma_{\phi}$ where $\Gamma_{\phi}$ is the boundary where the prescribed value $\bar{\phi}$ is imposed. For consistency a stabilized Neumann boundary condition must be obtained as described next.

Let us consider a balance domain next to a Neumann boundary point $B$ (Figure 2). The length of the balance segment $AB$ next to a Neumann boundary is taken as one half of the characteristic length $h$ for the interior domain. The balance equation, assuming a constant distribution for the source $Q$, is

$$\bar{q} - q(x_A) - \left[ u\phi \right]_A - \frac{h}{2}Q = 0$$

where $\bar{q}$ is the prescribed total flux at $x = L$ and $x_A = x_B - \frac{h}{2}$. 


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Using a second order expansion for the advective and diffusive fluxes at point $A$ gives [37]

$$-u \phi + k \frac{d \phi}{dx} + \ddot{q} - \frac{h}{2} r \quad \text{on} \quad x = L \quad (8)$$

where $r$ is given by Eq.(6). Again for $h = 0$ the infinitesimal form of the 1D Neumann boundary condition is obtained.

It is important to recall that the underlined terms in Eqs(5) and (8) introduce the necessary stabilization in the discrete solution using whatever numerical scheme [37,39].

Quite generally the FIC equations can be written for any problem in mechanics as

$$r_i - h_{ij} \frac{\partial r_i}{\partial x_j} - \frac{\delta}{2} \frac{\partial r_i}{\partial t} = 0, \quad i = 1, n_b, \quad j = 1, n_d \quad (9)$$

where $r_i$ is the $i$th standard differential equation of the infinitesimal theory, $h_{ij}$ are characteristic length parameters, $\delta$ is a characteristic time parameter and $n_b$ and $n_d$ are respectively the number of balance equations and the number of space dimensions of the problem (i.e., $n_d = 3$ for 3D problems). The usual sum convention for repeated indexes is used in the text unless otherwise specified. In this work the term involving the time parameter $\delta$ will be neglected in the FIC equations.

3. FIC EQUATIONS FOR AN INCOMPRESSIBLE VISCOUS FLOW

The FIC momentum equations are obtained by expressing the balance of momentum along each of the space directions in a domain of "finite" size. Figure 3 shows a typical finite domain for a two-dimensional (2D) problem. Following a procedure analogous to that explained in the previous section for the 1D advection-diffusion problem the balance equation along the $i$th space direction can be written as

$$\sum f_i d \Omega = \frac{\partial}{\partial t} \int \rho u_i d \Omega + \int (\rho u_i) u^T n d \Gamma \quad i = 1, n_d \quad (10)$$

where $\rho$ is the density, which is assumed to be constant hereafter, $u_i$ is the component of the velocity along the $i$th space direction, $u = \{u_1, u_2, u_3\}^T$ is the velocity vector, $n$ is the unit vector normal to the domain boundary and $f_i$ includes the forces due to the stresses acting on the boundary of the balance domain and the body forces per unit area $b_i$ (Figures 3 and 4).

Expressing the values of the momentum and force terms at the corner points of the balance domain in terms the values at the corner point $A$ using higher order Taylor expansions in the space directions and retaining second order terms, gives after some algebra the FIC momentum equations along the $i$th coordinate direction as [37]

$$\bar{r}_{mi} - \frac{1}{2} h_{ij} \frac{\partial \bar{r}_{mi}}{\partial x_j} = 0 \quad i, j = 1, n_d \quad (11)$$

where

$$\bar{r}_{mi} := \rho \left[ \frac{\partial u_i}{\partial t} + \frac{\partial}{\partial x_j} (u_i u_j) \right] - \frac{\partial \sigma_{ij}}{\partial x_j} - b_i \quad (12)$$
with \( \sigma_{ij} = s_{ij} - p\delta_{ij} \) where \( p \) is the pressure, \( \delta_{ij} \) is the Dirac delta and \( s_{ij} \) are the viscous stresses related to the velocities by the standard expression

\[
s_{ij} = 2\mu \left( \varepsilon_{ij} - \delta_{ij} \frac{1}{3} \frac{\partial u_k}{\partial x_k} \right)
\]

where

\[
\varepsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)
\]

Note that distance \( h_{12} \) is arbitrary when writing the balance of momentum along the \( x_1 \) direction. The same applies for the distance \( h_{21} \) when deriving the balance equation along the \( x_2 \) direction. Thus, in general, \( h_{12} \neq h_{21} \).
The convective term in the expression of $\bar{r}_{m,i}$ of Eq.(12) is written in conservation form, as deduced from the FIC momentum balance equations. A simplified form of $\bar{r}_{m,i}$ can be written by introducing the incompressibility condition ($\frac{\partial u_i}{\partial x_i} = 0$) into the convective term of $\bar{r}_{m,i}$ and using the split of the stresses $\sigma_{ij}$ into their deviatoric and pressure components, giving:

$$\bar{r}_{m,i} - \frac{1}{2} h_{ij} \frac{\partial \bar{r}_{m,i}}{\partial x_j} = 0 \quad i, j = 1, n_d$$

(15)

with

$$\bar{r}_{m,i} := \rho \left( \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right) + \frac{\partial p}{\partial x_i} - \frac{\partial s_{ij}}{\partial x_j} - b_i$$

(16)

The two forms of the FIC balance equations (11) and (15) are identical for the exact incompressible solution. Both forms will be used to the advantage of each derivation step in the following sections.

**Mass balance equation**

The FIC mass balance equation is obtained by invoking the balance of mass in the finite domain of Figure 5

$$\int_{\Gamma} \rho u^T n d\Gamma = 0$$

(17)

Expanding the values of $\rho u_i$ at the corner points in terms of the value at the corner point $A$ gives the FIC mass balance equation as [37,38]

$$\varepsilon_v - \frac{1}{2} h_{ij} \frac{\partial \varepsilon_v}{\partial x_j} = 0 \quad j = 1, n_d$$

(18a)
with
\[ \varepsilon_v = \frac{\partial u_i}{\partial x_j} \] (18b)

Note that a matrix form of the characteristic distances is not obtained in this case as the mass balance equation expresses the conservation of the mass in the domain ABCD of Figure 5 with dimensions \( h_1 \) and \( h_2 \). Distances \( h_1 \) and \( h_2 \) are in general different from the distances \( h_{ij} \) defining the domain where balance of momentum is enforced. In the following we will assume that \( h_1 = h_{11} \) and \( h_2 = h_{22} \) for simplicity.

**Boundary conditions**

The FIC Neumann boundary conditions are obtained by expressing the balance of momentum in a domain of finite size adjacent to a boundary \( \Gamma_t \) where the surface tractions \( t_i \) act. After some algebra we obtain [37,38]

\[ n_j \sigma_{ij} - t_i + \frac{1}{2} h_{ij} n_j r_{m_i} = 0 \quad \text{on} \quad \Gamma_t \quad j = 1, n_d \quad \text{no sum in} \quad i \] (19a)

In Eq. (19a) the \( h_{ij} \) distances define the domain where equilibrium of boundary tractions is established. The boundary condition on the Dirichlet boundary \( \Gamma_u \) is the standard one

\[ u_j = u_j^p = 0 \quad \text{on} \quad \Gamma_u \] (19b)

Note that in the discretized problem the characteristic distances become of the order of the typical element dimensions. The infinitesimal form of the fluid mechanics equations is recovered by making these distances equal to zero.

Eqs. (11)–(19) are the starting point for deriving stabilized FEM for solving the incompressible Navier-Stokes equations. The underlined FIC terms in Eqs. (11) (or (15)) and (19a) are essential to overcome the numerical instabilities due to the convective terms in the momentum equations, whereas the underlined terms in Eq. (18a) take care of the instabilities due to the incompressibility constraint. An important feature of the FIC formulation is that it allows to use equal order interpolation for the velocity and pressure variables [38,54].

4. A DISCUSSION OF THE STABILIZATION TERMS IN THE FIC EQUATIONS

The compact residual forms of the FIC equations of momentum balance (Eqs. (11) or (15)) and mass balance (Eq. (18a)) hide the relevant terms that contribute to the stabilization of the numerical solution for all flow regimes. We will show next that the FIC terms introduce a non linear anisotropic viscosity into the standard momentum equations of the infinitesimal theory. Also it is shown that the FIC terms in the mass balance equation introduce a pressure laplacian term.

**Momentum equations**

Let us write the \( i \)th FIC momentum equation of Eq. (15) as

\[ \rho \left[ \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right] + \frac{\partial p}{\partial x_i} - \frac{\partial s_{ij}}{\partial x_j} - b_i - \frac{h_{ik}}{2} \frac{\partial}{\partial x_k} \left[ c_i + \rho u_j \frac{\partial u_i}{\partial x_j} \right] = 0 \] (20)
where
\[ c_i := \rho \frac{\partial u_i}{\partial t} - \frac{\partial \sigma_{ij}}{\partial x_j} - b_i \] (21)
is termed the *convective projection* term. Note that in the infinitesimal limit
\[ r_{mi} := c_i + \rho u_j \frac{\partial u_i}{\partial x_j} = 0 \] (22)

Substituting the expression of the viscous stresses of Eq.(13) into Eq.(20) and using Eq.(14) yields after small algebra
\[ \rho \left[ \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right] + \rho u_i \varepsilon_v + \frac{\partial p}{\partial x_i} - \frac{\partial}{\partial x_j} (\mu \delta_{kj} + \bar{\mu}_{kj}) \frac{\partial u_i}{\partial x_j} - b_i - \frac{h_{ik}}{2} \frac{\partial c_i}{\partial x_k} + \mu \frac{\partial \varepsilon_v}{\partial x_i} = 0 \] (23)
where
\[ \bar{\mu}_{kj} = \frac{\rho u_j h_{ik}}{2} \] (24)

In the derivation of Eq.(23) we have assumed that the space derivatives of the characteristic lengths \( h_{ij} \) are zero.

Eq.(23) shows clearly that the FIC formulation introduces the following new terms into the \( i \)th momentum equation of the infinitesimal theory:

a) an additional (non linear) anisotropic viscosity \( \bar{\mu}_{kj} \) given by Eq.(24) and
b) a convective projection term of value \(-\frac{h_{ik}}{2} \frac{\partial c_i}{\partial x_k}\).

The last term in Eq.(23) involving \( \varepsilon_v \) is usually disregarded in practice. We have found however that retaining this term is very important in free surface viscous flows [58]. For this reason the full compact (residual) form of Eqs.(11) or (15) is used in practice.

**Mass balance equation**

The FIC momentum balance equation (11) is written as (assuming the viscosity \( \mu \) to be constant)
\[ \rho \left[ \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right] + \rho u_i \varepsilon_v + \frac{\partial p}{\partial x_i} - \frac{\partial}{\partial x_j} (2\mu \varepsilon_{ij}) + \frac{2}{3} \mu \frac{\partial \varepsilon_v}{\partial x_i} - b_i - \frac{h_{ij}}{2} \frac{\partial \bar{r}_{mi}}{\partial x_j} = 0 \] (25)

From the FIC mass balance equation (18a) we deduce
\[ \varepsilon_v = \frac{h_j}{2} \frac{\partial \varepsilon_v}{\partial x_j} \] (26)

Substituting \( \varepsilon_v \) from Eq.(26) into (25) gives after small algebra
\[ \frac{\partial \varepsilon_v}{\partial x_i} = \frac{1}{a_i} \left[ \frac{h_{ij}}{2} \frac{\partial \bar{r}_{mi}}{\partial x_j} - r_{mi} - \frac{u_j h_{ik}}{2} \frac{\partial \varepsilon_v}{\partial x_k} \right], \quad i \neq k \] (27)
with
\[ a_i = \frac{2\mu}{3} + \rho \frac{u_j h_{ij}}{2} \quad \text{no sum in } i \] (28)
We note that all terms in Eq.(27) vanish for the exact solution. On this basis, the following simplified expression is chosen for \( \frac{\partial \varepsilon_v}{\partial x_i} \)

\[
\frac{\partial \varepsilon_v}{\partial x_i} = \frac{h_{ii}}{2a_i} \frac{\partial r_{m_i}}{\partial x_i} \quad \text{no sum in } i
\]

(29)

Substituting Eq.(29) into (18a) gives the following useful expression for the FIC mass balance equation incorporating the momentum equations

\[
\varepsilon_v - \sum_{i=1}^{n_d} \tau_i \partial r_{m_i} = 0
\]

(30)

with

\[
\tau_i = \left( \frac{8 \mu}{3h_{ii}^2} + \frac{2\rho u_i}{h_{ii}} \right)^{-1}
\]

(31)

Note that in Eq.(31) the assumption \( h_i = h_{ii} \) has been used.

The \( \tau_i \)’s in Eq.(33) when multiplied by the density are equivalent to the \emph{intrinsic time parameters}, seen extensively in the stabilization literature [1–28]. The interest of Eq.(30) is that it introduces a laplacian of pressure term into the mass balance equations through the first derivative of \( r_{m_i} \). To show this clearly it is convenient to express the \( r_{m_i} \) terms as

\[
r_{m_i} = \frac{\partial p}{\partial x_i} + \pi_i
\]

(32)

where \( \pi_i \) are termed the \emph{pressure gradient projections}. The exact expression of \( \pi_i \) is deduced by subtracting the pressure gradient terms from the standard momentum equations, i.e.

\[
\pi_i := \rho \left[ \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right] - \frac{\partial}{\partial x_j} (2\mu s_{ij}) - b_i
\]

(33)

This form of \( \pi_i \) will not however be used in practice as the nodal values of \( \pi_i \) are directly computed from the projection of the pressure gradients, as explained in the next section.

Substituting the expression of \( r_{m_i} \) of Eq.(32) into Eq.(30) gives

\[
\varepsilon_v - \sum_{i=1}^{n_d} \tau_i \frac{\partial p}{\partial x_i} + \pi_i = \varepsilon_v - \sum_{i=1}^{n_d} \tau_i \left[ \frac{\partial^2 p}{\partial x_i^2} + \frac{\partial \pi_i}{\partial x_i} \right] = 0
\]

(34)

Eq.(33) shows that the FIC formulation introduces naturally a laplacian of pressure term into the mass balance equation. The consistency of the approach is ensured by the pressure gradient projection terms \( \pi_i \), as the bracketed terms in Eq.(34) are equal to the momentum equations and, therefore, they vanish as these equations are satisfied for the ”exact” solution.

5. INTEGRAL FORM OF THE FIC GOVERNING EQUATIONS

The weighted residual form of the momentum and mass balance equations (Eqs.(15) and (30)) is

\[
\int_{\Omega} \delta u_i \left[ r_{m_i} - \frac{h_{ij}}{2} \frac{\partial r_{m_j}}{\partial x_j} \right] d\Omega + \int_{\Gamma_i} \delta u_i (\sigma_{ij} n_j - t_i + \frac{h_{ij}}{2} n_j r_{m_j}) d\Gamma = 0
\]

(35a)

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Int. J. Numer. Meth. Fluids 2007; 00:1–6
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where \( \delta u_i \) and \( q \) are arbitrary weighting functions representing virtual velocities and virtual pressure fields. Integrating by parts the terms involving the derivatives of \( r_{m_i} \) in Eqs.(34) gives

\[
\int_{\Omega} \delta u_i r_{m_i} \, d\Omega + \int_{\Gamma} \delta u_i (\sigma_{ij} u_j - t_i) \, d\Gamma + \int_{\Omega} \frac{h_{ij}}{2} \frac{\delta u_i}{\partial x_j} r_{m_i} \, d\Omega = 0
\]

(36a)

\[
\int_{\Omega} q \varepsilon_i \, d\Omega + \int_{\Omega} \left[ \sum_{i=1}^{n_d} \tau_i \frac{\partial q}{\partial x_i} r_{m_i} \right] \, d\Omega - \int_{\Gamma} \sum_{i=1}^{n_d} q \tau_i u_i r_{m_i} \, d\Gamma = 0
\]

(36b)

We will neglect hereonwards the third integral in Eq.(36b) by assuming that \( r_{m_i} \) is negligible on the boundaries. The deviatoric stresses and the pressure terms in the first integral of Eq.(36a) are integrated by parts in the usual manner. The resulting momentum and mass balance equations are

\[
\int_{\Omega} \delta u_i \rho \left( \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right) + \frac{\partial \delta u_i}{\partial x_j} (s_{ij} - \delta_{ij} p) \, d\Omega - \int_{\Omega} \delta u_i b_i d\Omega - \int_{\Gamma} \delta u_i t_i d\Gamma + \int_{\Omega} \frac{h_{ij}}{2} \frac{\partial \delta u_i}{\partial x_j} r_{m_i} \, d\Omega = 0
\]

(37a)

\[
\int_{\Omega} q \frac{\partial u_i}{\partial x_i} \, d\Omega + \int_{\Omega} \left[ \sum_{i=1}^{n_d} \tau_i \frac{\partial q}{\partial x_i} r_{m_i} \right] \, d\Omega = 0
\]

(37b)

The computation of the residual terms are simplified if we introduce the convective projections \( c_i \) (Eq.(22)) and the pressure gradient projections \( \pi_i \) (Eq.(32)). We therefore express \( r_{m_i} \) in Eqs.(37a) and (37b) in terms of \( c_i \) and \( \pi_i \), respectively which then become additional variables. The system of integral equations is now augmented in the necessary number of equations by imposing that the residual \( r_{m_i} \), vanishes (in a weighted residual sense) for both forms given by Eqs.(22) and (32). This gives the final system of governing equation as:

\[
\int_{\Omega} \delta u_i \rho \left( \frac{\partial u_i}{\partial t} + u_j \frac{\partial u_i}{\partial x_j} \right) + \frac{\partial \delta u_i}{\partial x_j} (s_{ij} - \delta_{ij} p) \, d\Omega - \int_{\Omega} \delta u_i b_i d\Omega - \int_{\Gamma} \delta u_i t_i d\Gamma + \int_{\Omega} \frac{h_{ij}}{2} \frac{\partial \delta u_i}{\partial x_j} (\rho u_j \frac{\partial u_i}{\partial x_j} + c_i) \, d\Omega = 0
\]

(38)

\[
\int_{\Omega} q \frac{\partial u_i}{\partial x_i} \, d\Omega + \int_{\Omega} \sum_{i=1}^{n_d} \tau_i \frac{\partial q}{\partial x_i} \left( \frac{\partial p}{\partial x_i} + \pi_i \right) \, d\Omega = 0
\]

(39)

\[
\int_{\Omega} \delta c_i \rho \left( \rho u_i \frac{\partial u_i}{\partial x_j} + c_i \right) \, d\Omega = 0 \quad \text{no sum in } i
\]

(40)

\[
\int_{\Omega} \delta \pi_i \tau_i \left( \frac{\partial p}{\partial x_i} + \pi_i \right) \, d\Omega = 0 \quad \text{no sum in } i
\]

(41)

with \( i, j, k = 1, n_d \). In Eqs.(40) and (41) \( \delta c_i \) and \( \delta \pi_i \) are appropriate weighting functions and the \( \rho \) and \( \tau_i \) weights are introduced for convenience.
Accounting for the convective and pressure gradient projections enforces the consistency of the formulation as it ensures that the stabilization terms in Eqs. (38) and (39) have a residual form which vanishes for the “exact” solution. Neglecting these terms can reduce the accuracy of the numerical solution and it makes the formulation more sensitive to the value of the stabilization parameters [54–56].

6. FINITE ELEMENT DISCRETIZATION

We choose $C^0$ continuous linear interpolations for the velocities, the pressure, the convective projections $c_i$ and the pressure gradient projections $\pi_i$ over 3-noded triangles (2D) and 4-noded tetrahedra (3D). The linear interpolations are written as

\[
\begin{align*}
    u_i &= N_k^k \bar{u}_k, \\
    c_i &= N_k^k \bar{c}_k, \\
    \pi_i &= N_k^k \bar{\pi}_k
\end{align*}
\]  

(42)

where the sum goes over the number of nodes of each element $n$ ($n = 3/4$ for triangles/tetrahedra), $N^k$ denotes the nodal variables and $N^k$ are the linear shape functions [1].

Substituting the approximations (42) into Eqs. (38)–(41) and choosing the Galerkin form with $\delta u_i = q = \delta c_i = \delta \pi_i = N^i$ leads to following system of discretized equations

\[
\begin{align*}
    \dot{M} \bar{u} + H \bar{u} - G \bar{p} + C \bar{c} &= f \\
    \dot{G}^T \bar{u} + \dot{L} \bar{p} + Q \bar{\pi} &= 0 \\
    \dot{C} \bar{u} + M \bar{c} &= 0 \\
    \dot{Q}^T \bar{p} + M \bar{\pi} &= 0
\end{align*}
\]  

(43a–43d)

where

\[
H = A + K + \dot{K}
\]

The matrices and vectors in above equations are assembled from the element contributions
in the standard manner. The element expressions for 3D problems are given next.

\[
\begin{align*}
M_{ij}^e & = \int_{\Omega^e} \rho N^i N^j I_3 d\Omega, \quad C_{ij}^e = \frac{1}{2} \int_{\Omega^e} \begin{bmatrix} h_1^2 \nabla N^i & 0 & 0 \\ 0 & h_2^2 \nabla N^i & 0 \\ 0 & 0 & h_3^2 \nabla N^i \end{bmatrix} N^j d\Omega \\
A_{ij}^e & = \int_{\Omega^e} \rho N^i (u^T \nabla N^j) I_3 d\Omega, \quad K_{ij}^e = \int_{\Omega^e} B_i^T D B_j d\Omega, \quad K_{ij}^e = \int_{\Omega^e} (\nabla N^i)^T D \nabla N^j d\Omega \\
G_{ij}^e & = \int_{\Omega^e} B_i^T m N^j d\Omega, \quad \hat{L}_{ij}^e = \int_{\Omega^e} (\nabla N^i)^T \tau \nabla N^j d\Omega \\
Q_{ij}^e & = \int_{\Omega^e} (\nabla N^i)^T N^j \bar{r} d\Omega, \quad \bar{C}_{ij} = \int_{\Omega^e} \rho^2 N^i (u^T \nabla N^j) I_3 d\Omega \\
M_{ij} & = \int_{\Omega^e} N^i N^j \bar{r} d\Omega, \quad m = [1, 1, 0, 0, 0]^T, \quad h_i = [h_{i1}, h_{i2}, h_{i3}]^T \\
\nD & = \frac{\partial}{\partial x} \begin{bmatrix} h_1 u^T & 0 & 0 \\ 0 & h_2 u^T & 0 \\ 0 & 0 & h_3 u^T \end{bmatrix}, \quad \nabla = \begin{bmatrix} \nabla & 0 & 0 \\ 0 & \nabla & 0 \\ 0 & 0 & \nabla \end{bmatrix}, \quad \nabla = \begin{bmatrix} \frac{\partial}{\partial x_1} \\ \frac{\partial}{\partial x_2} \\ \frac{\partial}{\partial x_3} \end{bmatrix}, \quad |\bar{r}| = \begin{bmatrix} \tau_1 \\ \tau_2 \\ \tau_3 \end{bmatrix} \\
B_i & = \begin{bmatrix} \frac{\partial N^i}{\partial x_1} & 0 & 0 \\ 0 & \frac{\partial N^i}{\partial x_2} & 0 \\ 0 & 0 & \frac{\partial N^i}{\partial x_3} \end{bmatrix}, \quad D = \mu \begin{bmatrix} 2I_3 & 0 & -\frac{2}{3} m m^T \\ 0 & I_3 & 0 \\ -\frac{2}{3} m m^T & 0 & I_3 \end{bmatrix}, \quad I_3 = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} \\
f_i & = \int_{\Omega^e} N^i b d\Omega + \int_{\Gamma^e} N^i t d\Gamma
\end{align*}
\]

(44)

where \(i, j, k = 1, n_d\) in above expressions.

A 3D finite element has typically 10 d.o.f.: three velocities \(\bar{u}_k\), one pressure \(\bar{p}\), three pressure gradient projections \(\bar{p}_e\) and three convective projections \(\bar{e}_k\), \(i = 1, 2, 3\). Note however that the solution for the \(\bar{r}\) and \(\bar{e}\) variables is usually decoupled from the rest of equations and it is performed explicitly as shown in Section 8.

7. TRANSIENT SOLUTION SCHEME

The solution in time of the system of Eqs.(43) can be written in general form as

\[
\begin{align*}
\frac{M}{\Delta t} (\bar{u}^{n+1} - \bar{u}^n) + H^{n+\theta} \bar{u}^{n+\theta} - G \bar{p}^{n+\theta} + C^{n+\theta} \bar{c}^{n+\theta} = f^{n+\theta} \\
G^T \bar{u}^{n+\theta} + \hat{L}^{n+\theta} \bar{p}^{n+\theta} + Q^{n+\theta} \bar{r}^{n+\theta} = 0
\end{align*}
\]

(45a)  (45b)
\[ C^{n+\theta} \dot{u}^{n+\theta} + M c^{n+\theta} = 0 \] (45c)

\[ [Q^{n+\theta}] \dot{p}^{n+\theta} + M^{n+\theta} c^{n+\theta} = 0 \] (45d)

where \( H^{n+\theta} = H(\dot{u}^{n+\theta}) \), etc and the parameter \( \theta \in [0,1] \). The direct monolithic solution of Eqs.(45) is possible using an adequate iterative scheme. However, in our work we have used the fractional step method described next.

8. FRACTIONAL STEP METHOD

A fractional step scheme is derived by splitting the discretized momentum equation (45a) into the following two equations

\[ M \frac{1}{\Delta t} (\dot{u}^{n+1} - \dot{u}^n) + H^{n+\theta} \dot{u}^{n+\theta} - \alpha G \dot{p}^n + C^{n+\theta} c^{n+\theta} = f^{n+\theta} \] (46a)

\[ M \frac{1}{\Delta t} (\dot{u}^{n+1} - \dot{u}^n) - G (\dot{p}^{n+1} - \alpha \dot{p}^n) = 0 \] (46b)

In Eqs.(46) \( \dot{u}^{n+1} \) is a predicted value of the velocity at time \( n + 1 \) and \( \alpha \) is a variable whose values of interest are zero and one. For \( \alpha = 0 \) (first order scheme) the splitting error is of order \( 0(\Delta t) \), whereas for \( \alpha = 1 \) (second order scheme) the error is of order \( 0(\Delta t^2) \) [19,21]. We have chosen \( \alpha = 1 \) for the solution of the examples presented in the paper.

Eqs.(46) are completed with the following three equations emanating from Eqs.(45b-d)

\[ G^T \dot{u}^{n+1} + \hat{L}^n \dot{p}^{n+1} + Q^n \dot{\pi}^n = 0 \] (47a)

\[ \hat{c}^{n+1} \dot{u}^{n+1} + M c^{n+1} = 0 \] (47b)

\[ [Q^{n+1}]^T \dot{p}^{n+1} + \hat{M}^{n+1} \dot{\pi}^{n+1} = 0 \] (47c)

The value of \( \dot{u}^{n+1} \) obtained from Eq.(47b) is substituted into Eq.(47a) to give

\[ G^T \dot{u}^{n+1} + \Delta t G^T M^{-1} G (\dot{p}^{n+1} - \alpha \dot{p}^n) + \hat{L}^n \dot{p}^{n+1} + Q^n \dot{\pi}^n = 0 \] (48)

The product \( G^T M^{-1} G \) can be approximated by a laplacian matrix, i.e.

\[ G^T M^{-1} G = \frac{1}{\rho} L \] with \( L_{ij} = \int_{\Omega} (\nabla N_i)^T \nabla N_j d\Omega \) (49)

The steps of the fractional step scheme (for \( \alpha = 1 \)) are:

**Step 1** Eq.(46a) is linearized as

\[ \frac{M}{\Delta t} \ddot{u}^{n+1} - \ddot{u}^n + H^n \dot{u}^n - G \dot{p}^n + C^n e^n = f^n \] (50)

The fractional nodal velocities \( \ddot{u}^{n+1} \) can be explicitly computed from Eq.(50) by

\[ \ddot{u}^{n+1} = \ddot{u}^n - \Delta t M^{-1} [H^n \dot{u}^n - G \dot{p}^n + C^n e^n - f^n] \] (51)
Step 2 Compute $\bar{p}^{n+1}$ from Eq.(48) as
\[ \bar{p}^{n+1} = -[L^n + \Delta t/\rho L]^{-1}[G^T \bar{u}^{n+1} - \Delta t/\rho L p^n + Q^n \pi^n] \] (52)

Step 3 Compute $\bar{u}^{n+1}$ explicitly from Eq.(46b) as (for $\alpha = 1$)
\[ \bar{u}^{n+1} = \tilde{u}^{n+1} + \Delta t M^{-1} d G (\bar{p}^{n+1} - \bar{p}^n) \] (53)

Step 4 Compute $\bar{c}^{n+1}$ explicitly from Eq.(47b) as
\[ \bar{c}^{n+1} = -M^{-1} d \tilde{C}^{n+1} \bar{u}^{n+1} \] (54)

Step 5 Compute $\pi^{n+1}$ explicitly from Eq.(47c) as
\[ \pi^{n+1} = -M^{-1} d [Q^{n+1}]^T \bar{p}^{n+1} \] (55)

In above equations $M_d$ and $\tilde{M}_d$ denote the lumped diagonal form of matrices $M$ and $\tilde{M}$, respectively.

Steps 1–5 are repeated until convergence for $\bar{u}^{n+1}$, $\bar{p}^{n+1}$, $\bar{c}^{n+1}$ and $\pi^{n+1}$ is found. Typically three iterations per time step sufficed to find a converged solution in the examples presented in the paper.

Above algorithm has improved stabilization properties versus the standard pressure segregation methods due to the introduction of the laplacian matrix $\tilde{L}$ in Eq.(52) which emanates from the FIC stabilization terms.

The boundary conditions are applied as follows. No condition is applied in the computation of the fractional velocities $\tilde{u}^{n+1}$ in Eq.(51). The prescribed velocities at the boundary are applied when solving for $\bar{u}^{n+1}$ in the step 3. The prescribed pressures at the boundary are imposed by making $\bar{p}^n$ equal to the pressure values computed explicitly from the Neumann boundary condition (19a), neglecting the stabilization terms, i.e.
\[ p^n = \frac{1}{3} \sum_i (s_i^n n_j - t_i) \quad i = 1, n_d \] (56)

Eq.(56) shows that for low values of the viscosity, the standard assumption of $p^n = 0$ on free surfaces (with $t_i = 0$) can be used.

We note that there is no need to prescribe any value of the pressure at the boundary if the form of matrix $L = \rho G^T M^{-1} G$ as deduced from Eq.(48) is used. This expression for $L$ has a wider bandwidth than the laplacian form of Eq.(48) and therefore it is more inconvenient for practical purposes. In our work we have used for $L$ the simple laplacian form of Eq.(49).

9. COMPUTATION OF THE CHARACTERISTIC DISTANCES

The computation of the stabilization parameters is a crucial issue as they affect both the stability and accuracy of the numerical solution. The different procedures to compute the stabilization parameters are typically based on the study of simplified forms of the stabilized equations [1–28].
Recent work of the authors has shown that the stabilizing FIC terms for convection-diffusion problems take the form of a simple orthotropic diffusion if the balance equation is written in the principal curvature directions of the solution. Excellent results were reported in [45,47] by computing first the characteristic length distances along the principal curvature directions, followed by a standard transformation of these distances to global axes. The resulting stabilized finite element equations capture the high gradient zones in the vicinity of the domain edges (boundary layers) as well as the sharp gradients appearing randomly in the interior of the domain [45,47]. The FIC/FEM thus reproduces the best features of the so called transverse (cross-wind) dissipation or shock capturing methods [1,28].

Let us assume that there exists at each point a local orthogonal coordinate system characterized by the local directions $\xi^i_j$ with associated vectors $\vec{\xi}^i_j$ ($j=1,2$ for 2D problems) such that $\frac{\partial^2 u'_i}{\partial \xi^i_j \partial \xi^k_j} = 0$ for $j \neq k$, where $u'_i$ is the velocity component along the $\xi^i_i$ direction (Figure 6). The $i$th FIC momentum equation (20) written in such a local coordinate system reads

$$\rho \left[ \frac{\partial u'_i}{\partial t} + u'_j \frac{\partial u'_i}{\partial \xi^i_j} \right] + \frac{\partial p}{\partial \xi^i_j} - \frac{\partial}{\partial \xi^i_j} \left( \mu + \bar{\mu}_{jj} \right) \frac{\partial u'_i}{\partial \xi^i_j} - b_i - \frac{h'_{ik}}{2} \frac{\partial c_i}{\partial \xi^k_i} + \mu \frac{\partial \varepsilon_v}{\partial \xi^i_i} = 0$$ (57)

The stabilizing dissipation introduced by the FIC approach has now the form of the orthotropic viscosity term underlined in Eq.(57). For 2D problems

$$\frac{\partial}{\partial \xi^i_j} \bar{\mu}_{jj} \frac{\partial u'_i}{\partial \xi^i_j} = \frac{\partial}{\partial \xi^i_1} \left( \bar{\mu}_{11} \frac{\partial u'_i}{\partial \xi^i_1} \right) + \frac{\partial}{\partial \xi^i_2} \left( \bar{\mu}_{22} \frac{\partial u'_i}{\partial \xi^i_2} \right)$$ (58)

with

$$\bar{\mu}_{jj} = \frac{\rho u'_j h'_{ij}}{2}$$ (59)

The characteristic length distances $h'_{ij}$ in Eq.(57) are defined in the local axes $\vec{\xi}^i_j$. Note that the upper index $i$ in vector $\vec{\xi}^i_j$ denotes the $i$th momentum equation corresponding to the $u'_i$ velocity, while index $j$ denotes the local directions, i.e. $\xi^i_1, \xi^i_2$ are the two local coordinate directions corresponding to the $i$th momentum equation (Figure 6).

The value of $h'_{ij}$ can be estimated by analogy of Eq.(57) with the linear 1D advection-diffusion equation

$$\rho u'_j \frac{\partial \phi}{\partial \xi^i_j} - \frac{\partial}{\partial \xi^i_j} \left( \mu + \bar{\mu}_{jj} \right) \frac{\partial \phi}{\partial \xi^i_j} = 0, \quad \text{no sum in } i$$ (60)

where $\phi$ is the transported variable.

Introducing into Eq.(60) the expression of $\bar{\mu}_{jj}$ of Eq.(59) and assuming $\mu$ and $\bar{\mu}_{jj}$ to be independent of the space coordinates gives (for $\phi = u'_i$)

$$h'_{ij} = 2 \left( \frac{\partial u'_i}{\partial \xi^i_j} \right) \left( \frac{\partial^2 u'_i}{\partial \xi^i_j \partial \xi^k_j} \right)^{-1} - \frac{1}{\gamma_{ij}} \right] l_{ij} = \alpha_{ij} l_{ij} \quad \text{no sum in } i, j$$ (61)

where

$$\alpha_{ij} = 2 \left( \frac{\partial u'_i}{\partial \xi^i_j} \right) \left( \frac{\partial^2 u'_i}{\partial \xi^i_j \partial \xi^k_j} \right)^{-1} - \frac{1}{\gamma_{ij}} , \quad \gamma_{ij} = \frac{\rho u'_j l_{ij}}{2 \mu}$$ (62)
and \( l_{ij} \) is a characteristic element dimension along the \( \xi_i \) direction (Figure 7).

Note that \( \gamma_{ij} \) can be interpreted as a local Reynolds number. It can be shown that \( \alpha_{ij} \to 1 \) for large values of \( \gamma_{ij} \) inducing high local gradients of the transported variable.

A good approximation for \( \alpha_{ij} \) deduced by analogy with the stabilization parameter for the linear advection-diffusion equation [1,37,39] is

\[
\alpha_{ij} = \coth \gamma_{ij} - \frac{1}{\gamma_{ij}} \quad (63)
\]

Observation of Eq.(63) shows that \( \alpha_{ij} > 0.95 \) for \( \gamma_{ij} > 20 \). Indeed, \( \alpha_{ij} \approx 1 \) for high values of \( \gamma_{ij} \) typical of turbulent flows.

The characteristic distances \( h_{ij} \) are finally computed by transforming their local values \( h'_{ij} \) to global axes \( x_i \). Details of the transformation are given below.

The numerical computations are simplified without apparent loss of accuracy if the \( \xi_1 \) direction is taken to be constant within each element and equal to the direction of the gradient of the \( u_i \) velocity component at the element center. The other coordinates \( \xi_j \) (\( j = 2, 3 \) for 3D problems) are defined so as to form an orthogonal system with \( \xi_1 \).

The algorithm described above for computing the characteristic distances \( h_{ij} \) is detailed below for 3D problems and linear tetrahedra elements. The particular form of some expressions for 2D problems using 3-noded linear triangles is given.

For the \( i \)-th momentum balance equation and every time step of the transient solution scheme:

1. A coordinate system \( \xi_1, \xi_2, \xi_3 \) is defined at the element center such that vector \( \xi_1 \) is aligned with the gradient of \( u_i (\xi_1 = \nabla u_i) \), vector \( \xi_2 \) is orthogonal to \( \xi_1 \) in anticlockwise sense and vector \( \xi_3 \) is defined by the vector product of \( \xi_1 \) and \( \xi_2 \). Figure 6 shows the definition of \( \xi_1 \) and \( \xi_2 \) for 2D problems.
2. The element characteristic distances \( l_{ij}, j = 1, 2, 3 \) are defined as the maximum projections of the element sides along the \( \xi_j \) axes (Figure 7).
3. The characteristic distances \( h_{ij}, j = 1, 2, 3 \) are computed as

\[
h_i = Th'_i \quad , \quad i = 1, 2 \quad (64)
\]
Figure 7. Definition of the element characteristic distances $l_{11}$ and $l_{12}$ corresponding to the $i$th momentum equation

with

$$
T = \begin{bmatrix}
(1,1')^i & (1,2')^i & (1,3')^i \\
(2,1')^i & (2,2')^i & (2,3')^i \\
(3,1')^i & (3,2')^i & (3,3')^i
\end{bmatrix}, \quad h_i = \begin{\{h_{i1}
\}} \quad h_i' = \begin{\{h_{i1}'
\}}

(65)

where $(j,k)^i$ is the cosine of the angle between the global $x_j$ axis and the $\xi_k^i$ axis.

For 2D problems

$$
T = \begin{bmatrix}
c_i & -s_i \\
s_i & c_i
\end{bmatrix}

(66)

where $c_i = \cos \alpha_i$, $s_i = \sin \alpha_i$ and $\alpha_i$ is the angle that $\xi_1^i$ forms with the global axis $x_1$ (Figure 6).

The local distances $h_{ij}'$ are computed as

$$
h_{ij}' = (\coth \gamma_{ij} - \frac{1}{\gamma_{ij}})l_{ij}, \quad \gamma_{ij} = \frac{\rho u'_{ij}l_{ij}}{2\mu}, \quad j = 1,2

(67)

where $u'_{ij}$ is the component of the velocity vector along the local axis $\xi_j^i$ (Figure 6).

10. EXAMPLES

The first version of the FIC/FEM stabilized formulation presented above was successfully tested in a number of 2D problems including the flow over a backwards facing step and the flow past a cylinder. Excellent results were obtained for a range of Reynolds numbers as reported in [35]. The first 3D application of a flow past a cylinder at $Re = 1000$ also produced excellent results and it was briefly reported in [36]. The examples presented next provide further evidence of the effectiveness and accuracy of the FIC/FEM formulation presented in this paper for solving complex flows at high Reynolds numbers exhibiting turbulence effects.
10.1. 2D mixing layer

We consider a temporal developing mixing layer [61], schematically sketched in Figure 8. The initial horizontal velocity has a hyperbolic-tangent profile:

\[ u_1(x_2) = U \tanh \left( \frac{2x_2}{\delta_0} \right) \]  

which implies a vorticity thickness

\[ \delta_0 = \frac{2U}{\left. \frac{du_1}{dx_2} \right|_{x_2=0}} \]  

From linear stability analysis the mixing layer is known to viscidly unstable. A perturbation leads to the formation of vortices by Kelvin-Helmholtz instability, where the most amplified mode corresponds to a longitude wavelength \( \delta = 7\delta_0 \) [62]. Kelvin-Helmholtz instability leads to the development of vortices which in a later stage roll-up and merge.

The initial vorticity thickness \( \delta_0 \) is chosen such that four vortices should develop in a square domain of unit size. In order to triggering the instability we superimposed a weak white noise in the rotational region. The value of \( U = 1 \) is chosen in Eq.(68) and the viscosity is \( \mu = 3.571 \times 10^{-6} \) (given a Reynolds number of \( 2.8 \times 10^5 \)). The boundary conditions applied are: periodic boundary conditions on the lateral boundaries and zero-normal-velocity and zero-shear-stress at the upper and bottom boundaries. With these boundary conditions, the problem is solved in a cylindrical domain.

We use a structured mesh of \( 256 \times 256 \) three-noded triangular elements. 570 time steps of 0.0125s lead to a total simulation time of 7.125s.

The mixing layer is a good example for the tendency of 2D turbulence to transfer energy from small to large scales. This leads to a fast decrease of the complexity of the flow. In Figure 9 the vorticity modulus contours at several time steps is shown. Four vortices are formed as predicted by the linear theory, which subsequently undergo successive mergings.
Figure 9. Vorticity modulus contours at times 0.5 (a), 0.75 (b), 1 (c), 2 (d), 3 (e) and 4 (f) for the reference simulations a Fourier spectral code was applied to the periodized version of the problem [63]. The code is based on the pressure-velocity formulation and uses a 3rd order Adams-Bashforth (AB3) scheme. The numerical resolution was a grid of $256 \times 256$ too. Figure 10 compares the decay in time of the system enstrophy obtained with the reference run and with the present method. The results show that all the scales of the flow are well-resolved.
by the FIC formulation here proposed and compare well with the reference run.

10.2. 3D flow past a cylinder

We present a 3D simulation of unsteady incompressible flow around a circular cylinder. The simulation is performed at a Reynolds number of 10000.

The diameter of the cylinder is 2 units and its length is 8 units (this length is recommended in [59] to capture a few wavelengths along the cylinder axis). The computation domain extends 15 units upstream, 60 units downstream, and 30 units in the cross flow direction (Figure 11).

The boundary conditions consist of uniform inflow velocity set to 1.0, zero-normal-velocity and zero-shear-stress at the lateral boundaries, traction-free conditions at the outflow boundary and no-slip at the cylinder surface.

The computation presented here was carried out on a structured mesh of 5193600 linear tetrahedral elements (80 elements along the cylinder span and 160 along its circumference) and 864270 nodes. The thickness of the layer of elements around the cylinder is 0.001. Figure 12 shows details of the mesh. For the simulation the time step is set to 0.025. The time-averaged drag coefficient is 1.07 and compares well with the value of 1.12 reported in experimental measurement [64,65]. The Strouhal number is 2.02 and also agrees with experimental measurements [36,38,65].

The flow field in chordwise planes (perpendicular to the cylinder axis) reveals fine-scale structures. There is a clear difference between the turbulent wake and the laminar outer flow zones (see Figure 13). We observe the turbulent recirculating region bounded by shear layers. The shear layers roll up to produce small-scale vortices at the edge of the formation zone. These vortices cause entrainment of the free-stream fluid into the recirculating zone. The flow on the cylinder separates at an angle ≈ 78° (measured from the leading stagnation point).

Figure 14 shows the isosurfaces of the vorticity vector modulus for three different vorticity values. Note that the flow structures are more diffuse due to the increasing turbulence effect.
Figure 11. Computational domain for 3D flow past a cylinder

Figure 15 shows streamlines behind the cylinder within the recirculation area. It is clear the structure of the vortex created in the turbulent region. When the vortex gets enough energy then it detaches from the cylinder, generating the von Karman street vortexes.

11. CONCLUSIONS

The finite calculus (FIC) form of the Navier-Stokes equations is a good starting point for deriving stabilized FEM for solving a variety of incompressible fluid flow problems. The matrix stabilization terms introduced by the FIC formulation allow to obtaining physically sound solutions in the presence of sharp gradients occurring for high Reynolds numbers without the need of introducing a turbulence model. Good numerical solutions have been obtained in the 2D and 3D examples solved with relatively coarse meshes for high values of the Reynolds number inducing turbulence effects. These results reinforce our conviction that the stabilization terms introduced by the FIC formulation suffice to provide good results for problems for which turbulence models are required using alternative numerical methods. The results also confirm the close link between the stabilized methods and turbulence models.
Figure 12. Flow past a cylinder. Details of the mesh used for the computations
Figure 13. Velocity vector modulus contours in the plane $z = 4$ at time 50s

ACKNOWLEDGEMENTS

The authors are grateful to Prof. S.R. Idelsohn for many useful suggestions. Thanks are also given to the company COMPASS Ingeniería y Sistemas SA (www.compassis.com) for providing the code Tdyn [60] where the presented formulation has been implemented.

This research was partially supported by project SEDUREC of the Consolider Programme of the Ministerio de Educación y Ciencia of Spain.
Figure 14. Vorticity vector modulus $\omega$ isosurfaces. (a) $\omega = 0.1, 0.2, 0.3$; (b) $\omega = 0.2$; (c) $\omega = 2$
Figure 15. Streamlines at time $t = 50$
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