1 Developing Students' Communication in Technical English with Project Based

2 Learning Methodology

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21 Abstract:

22 Technical communication is an extremely important soft skill for civil engineers at the workplace.

23 Due to globalization trends this technical communication often should be performed in English. If

24 we join the fact that undergraduate engineering programs in Spain have been taught exclusively in

25 Spanish, with which in addition, in rare cases those programs provide intentionally placed

26 discipline-specific technical communication experiences, this all amounts to a major problem,

27 regarded as an obstacle that limit undergraduates' opportunities to work abroad. Aware of this

28 problem, some schools provide their students with a brief course on "Technical English".

29 However, this course does not cover all the skills that the student would need in the labour market,

30 such as speaking and listening abilities.

31 This paper promotes an innovative teaching methodology that allows Spanish Civil Engineering 32 students to hone English communication skills through "Lunch&Movies" sessions. In each session 33 a documentary about technical Civil Engineering topics is shown. After the screening, students 34 work in small inter-cohort groups with a guiding lecturer. These groups debate on different 35 questions related to the video, encouraging participation, and fostering their self-confidence to talk about technical English topics in public. Different surveys were developed to demonstrate the 36 37 students' interest in learning technical English, and to evaluate the benefit for the attendees and 38 their achievements. The results show that the students are conscious of the importance of technical 39 English for their future careers, and most of them improved their initial level as the sessions 40 progressed and they gained confidence in the foreign language. Also, through a pilot subject in 41 English, it was demonstrated that the participants of the "Lunch&Movies" sessions obtained better 42 oral qualifications than those who did not participate. In fact, the overall results indicated that 43 Lunch & Movie sessions can improve students' technical oral skills as well as their own 44 perceptions of their abilities over the.

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Keywords: innovative educational methodologies; language competences; communication
competences; Project Based Learning; Civil Engineering; English for Specific Purposes.

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49 **1- Introduction**

50 Civil Engineering as a discipline was introduced in the middle of the 18th century at the "École 51 Nationale des Ponts et Chaussées" in Paris, aimed at instructing technicians capable of designing, 52 constructing and maintaining public works (such as roads, railways, bridges or dams). Since its 53 creation, the Civil Engineering profession has become one of the most prestigious and socially 54 admired, which has resulted in a high demand for these degrees. This demand has contributed to 55 the proliferation of Civil Engineering Schools worldwide. For example, in Spain the number of Civil Engineering Masters programs increased from only four in the 1970s to seventeen in 2013 56 57 [Lozano-Galant et al., 2013]. Throughout this time social, technological, legal and economic 58 changes have required Civil Engineering schools to address numerous challenges, such as the 59 computer revolution [Law et al. 1989], international regulations, or codes proliferation [Lozano-60 Galant et al. 2011 and 2017]. Due to the world globalization which has occurred in the last decade, 61 the language has become a major challenge in Civil Engineering.

62 As with most university degrees, Civil Engineering education has been mainly taught in the 63 local language. This is the case of Spain, where nowadays the predominant instruction language 64 is still Spanish. The use of this language might be explained by the following: (1) Historical 65 protectionism of Spanish in society at a national level. In fact, unlike other European countries 66 such as Sweden or Norway, foreign movies and television programs are still systematically translated into Spanish. This protectionism has shrunk the curiosity of the citizens of this country 67 68 towards other languages. (2) Historically low unemployment rate among Spanish Civil 69 Engineering professionals that allowed them to develop their professional careers in Spain, making 70 the learning of a second language non-essential. (3) Reticence of students of technical degrees to 71 be evaluated in a foreign language. Until recently, the academic offer in foreign languages was 72 based on some isolated and non-compulsory subjects.

73 In the last decade, the instruction language in European Civil Engineering schools was 74 significantly influenced by the following events: (1) Economic crisis: Civil Engineering projects 75 are strongly dependent on public investment. This characteristic is especially problematic in times 76 of recession in a region or a country. In order to minimize the effects of this dependency, many 77 Civil Engineering companies have evolved into a more global or international approach with 78 international teams working abroad [Gömleksiz, 2007; Kaewpet, 2009]. This restructuring of Civil 79 Engineering companies has transformed the employees' language into an important asset, as they 80 need to adapt their working language to that of the project and the stakeholder's location. This 81 change is clearly illustrated in most Spanish companies, as they no longer do all their projects in 82 Spanish. In fact, as their production abroad increases so does the number of projects and technical 83 assistance services in other languages. This fact significantly increases the demand for Civil 84 Engineers who can communicate efficiently in these languages. To produce competitive engineers 85 in the current context, Civil Engineering schools must focus not only on the technical concepts, 86 but also on the instruction language, and student should learn this new skill deeply. It is well known 87 that hands-on training and problem-based learning (PBL) have a history of producing strong 88 educational results in engineering [Mann, 2020]. This language is traditionally English due to its 89 recognized popularity in all scientific fields worldwide. (2) Adaptation to the European Higher 90 Education Area (EHEA) [Baeza et al. 2012] to attain more homogenous European degrees. This 91 standardization eased the students' mobility and increased the demand for English subjects. In fact, 92 the number of English subjects in Spanish Civil Engineering schools has increased dramatically. 93 Furthermore, in some schools bilingual studies (Spanish-English) or even English-only studies are 94 already offered.

The urgent internationalization of students and future professionals demanded by the current labour market has contributed to the increase in the students' willingness to study in English as they are becoming more aware of its importance for their future careers. In the literature, a number of works have been presented investigating the technical vocabulary (see e.g. Coxhead and Demecheleer, 2018, Gildmore and Millar, 2018) and to develop the language skills of the students

100 (see e.g. Maher and Milligan, 2019, Handford and Matous, 2015). A clear example of the growing 101 interest of students in English language refers to the number of applications to participate in 102 exchange programs with foreign institutions (such as Erasmus +) as it increases yearly in 103 practically all Civil Engineering studies. However, students still maintain a certain reluctance to 104 enrol in an engineering course taught in English because it can become a challenging obstacle if 105 they do not possess an adequate language level. This disjunctive makes students face an important 106 dilemma. On the one hand, they are aware of the importance of learning in English and they want 107 to make the effort to study the course in this language. On the other hand, they do not dare to take 108 the course in English because they do not know if they will be able to follow it with their current 109 knowledge. Because of this dilemma, Civil Engineering schools in non-English speaking countries 110 have chosen different strategies for their instruction language. Proposals to ensure the level are 111 few and diverse. These strategies depend greatly on the educational stage. On the one hand, BSc 112 Civil Engineering education is mostly taught in the mother language (this is the case of most 113 studies in Spain, Germany, Italy or France). In these cases, the educational approach focuses only 114 on the content with hardly any emphasis on language or solving language-related affairs [Arnó-115 Macià and Mancho-Barés, 2015; Basturkmen and Shackleford, 2015; Collins and Chueng 2000]. 116 For example, the Bachelor of Civil Engineering at the University of Castilla-La Mancha is taught 117 completely in Spanish. Exceptions to the use of the mother tongue as an instruction language can 118 be found in Eastern-European universities (e.g. Polyethnic University of Bucharest or University 119 of Warsaw), where the study programmes are offered completely in English. A different scenario 120 can be found in MSc Civil Engineering level. This is illustrated in Figure 1, where the ratio of 121 English courses in the most representative Civil Engineering schools of several countries (Spain, 122 Germany, Italy, France, Belgium, Romania, Poland and Sweden) are compared. This figure also

123 includes the information from the school of the University of Castilla la Mancha outlined in this 124 paper. The analysis of this figure shows that the schools in Sweden and Poland offer these studies 125 totally in English. On the contrary, schools in the other countries tend to maintain the mother 126 tongue in most of their Masters programmes, although English has a higher presence than in their 127 undergraduate studies, with percentages that can reach up to 40%. In the case of the Masters at the 128 University of Castilla-La Mancha, the current ratio is 50% but it will be increased up to 85% next 129 year. The differences between the instruction language throughout the different instructional stages 130 highlights the need for a soft transition from an education in the mother tongue to an education in 131 English, which, in most cases, takes place with entry into the Masters studies.



Figure 1: Percentage of MSc Civil Engineering-related programmes taught in English in selected universities* and in University of Castilla-La Mancha

*Three universities have been chosen in each country according to international rankings (e.g. QS, NTU, and Shanghai). The number of enrolled students has been considered for selection in those countries less represented in the aforementioned rankings (e.g. Romania).

139 The main problem of increasing the offer of English courses is due to the students' lack of an 140 adequate language level. In order to ensure an adequate knowledge of English, universities might 141 require their students to certificate their competence in this language. In fact, a number of 142 universities require a certain English certification either to obtain the Bachelor's Degree or to enter 143 into the Masters studies. Examples of these language restrictions can be found in the University of 144 Castilla-La Mancha (UCLM) which requires the B1 certificate to finish the degree in Civil 145 Engineering or in the Polytechnic University of Catalonia (UPC) which requires the B2 certificate 146 to enter into the Masters of Civil Engineering. In order to improve language competence, some 147 universities offer specialized activities to help international students with technical engineering 148 concepts in English. For example, the Institution of Civil Engineers in the UK holds "Lunch and 149 Learn webinars" [ICE (2018)] of 30-45 minutes on current Civil Engineering topics, focused on 150 "continuing professional development" for professionals. The London School of Economics 151 celebrates "Lunchtime Lectures" [LSE (2018)] covering political, economic, financial, legal and 152 social issues. Brown University in the US offers weekly workshops and "brown bag" conversation 153 "Seminars for English Language Learners", [BU (2018)] where student-selected news articles 154 trigger discussions about US culture, idiomatic language and vocabulary. These seminars are 155 offered during lunchtime and food and refreshments are provided by the university. Other 156 universities (e.g. the Polytechnic University of Valencia, UPV, in Spain or the Royal Institute of 157 Technology. KTH, in Sweden) offer a course targeting English for Specific Purposes ("Technical 158 English"), where students develop complementary English competences for their future 159 professional profile. This course usually develops students' writing skills (they must learn 160 technical vocabulary and write technical reports), listening skills (courses are given in English and 161 technical videos in this language are also used), and reading skills (they are asked to read both

162 technical documents and reports). Some of the problems with these courses are as follows: (1) 163 Speaking skills are rarely addressed. Because of the high demand for these courses, classes are 164 traditionally based on the blackboard driven methodology. This approach is complemented with 165 assignments, where the student is tasked to read, listen to or write some material, although, in some 166 cases, students need to pass oral exams, the truth is that they rarely have the opportunity to develop 167 their speaking skills under proper supervision in class. This fact significantly reduces the ability 168 of students to properly communicate and therefore of being competitive in the current work 169 market. (2) Professors are language specialists instead of Civil Engineers: Because of their 170 background, professors put a lot of effort into the language. For example, a list of words including 171 pictures, translations and definitions is usually provided to teach the technical vocabulary. 172 Nevertheless, this language background complicates the establishment of deep conversations 173 about the technical meaning of the vocabulary from an engineering perspective. This fact reduces 174 the chances of the students to develop the skills that they will need to communicate with other 175 technicians in their future jobs. Aware of the importance of developing their students' 176 communication skills, other universities (such as the Nanyang Technological University [Cheung, 177 1993]) have designed courses based on the role playing of real issues and problems, simulating 178 stressful situations from the real world.

In this sense, communication in this new globalized era is paramount and hence, English listening, speaking, and conversation skills should be strengthened in the curriculum of (Spanish) Civil Engineering studies. This fact represents one of the gaps between the Civil Engineering curriculum and the non-technical skills required by firms. To fill these gaps, this paper proposes an innovative training activity called "Lunch&Movies". This activity is based on an informal way of learning that allows students to develop English skills that can rarely be worked on in the classroom (i.e. speaking and conversing), encouraging debate and participation and fostering their self-confidence to speak about technical topics in public in English. To illustrate the application of the method, the pilot implementation of this activity at the Civil Engineering School, UCLM, (Spain) is presented. Although the paper is based on a local analysis of this experience, it can certainly be extended to other education fields and countries lacking in communicative English skills.

The paper is structured as follows: In section 2 the UCLM School of Civil Engineering and its education in English are reviewed. In Section 3 the proposed activity, "Lunch&Movies", in Civil Engineering education is described. Section 4 shows the surveys conducted prior to, during, and after the activity to evaluate its interest and impact. Section 5 tracks the academic performance of the students who participated in the proposed activity in a control subject. Section 6 proposes recommendations to adapt the proposed activity to other areas. Finally, in Section 7, some conclusions are drawn.

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2- UCLM School of Civil Engineering and its education in English

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200 The Civil Engineering School of the University of Castilla-La Mancha, UCLM, was created 201 in 1998. Since its origins, this school has striven to be a high-quality academic institution with 202 teaching methodologies and specialization approaches different from the existing schools (Ureña, 203 1998). In this respect, the resulting school is characterized by (1) admitting a small number of 204 students (50 each year), (2) an intense monitoring of student progress (with a student/faculty ratio 205 of 6.5), (3) a special focus on topics relevant to the future, to which Spanish Civil Engineering 206 education had traditionally paid less attention (i.e. heritage conservation and rehabilitation or the 207 environmental and spatial aspects of Civil Engineering), and (4) the adoption of an alternative and 208 innovative teaching method (Project Based Learning, PBL) (see e.g. Bellido et al. 2019).

209 There is no doubt that this latest aspect was the most important differentiating feature for the 210 UCLM School of Civil Engineering. The PBL method was first used at McMaster University 211 Medical School in the early 1970s, and was successively used by other universities such as Aalborg 212 University (Kjersdam and Enemark, 1994). In this methodology, students get involved in the 213 resolution of several real Civil Engineering projects in different fields during their studies. These 214 projects, based on challenging questions or problems, involve students in design, problem solving, 215 decision-making, or researching activities and give them the opportunity to work in a relatively 216 autonomous way over extended periods, culminating in realistic products or presentations 217 (Thomas, 2000).

The adoption of this methodology made it possible for the UCLM School of Civil Engineering to instruct competitive professionals with a complete traditional Civil Engineering education. In addition, it also trained nontechnical skills that were required by firms, such as management, communication, critical thinking, teamwork, leadership, and innovative and entrepreneurial ability (Nehdi, 2002; Aparicio and Ruiz-Teran, 2007; Arlett et al., 2010; Poitras and Poitras, 2011; Reyes and Galvez, 2011; Kirschenman and Fasano, 2012; Lopez-Querol et al., 2015, Ruiz et al., 2018).

The UCLM School of Civil Engineering offers an undergraduate degree in Civil and Territorial Engineering and a Master's degree in Civil Engineering. The undergraduate degree is taught completely in Spanish but 50% of the courses are "English friendly"¹, and it is developed over a span of 4 years; the first two years are common and, from the third year, a specialization in Transport and Territory or in Hydrology must be chosen. The Master's degree offers the professional attributions of the Civil Engineer in Spain. It is a bilingual Masters (60% of the

¹ The UCLM "English-Friendly" initiative provides some of the class materials in English, offer the opportunity to take tests and exams in English, and attend office hours in this foreign language. This initiative is voluntary for the teaching staff and favors the arrival of international students and the departure of local students for study abroad exchange programs.

courses are taught in Spanish and 40% in English), and a B1 level in English is required for
admission. Both degrees implement the PBL methodology, but the Master's degree adds (1)
project management skills, (2) research and innovation in Civil Engineering seminars, and (3)
fieldwork or internships in Civil Engineering firms, governmental or educational institutions.

234 Despite the student's acceptance of a course in Technical English in their respective 235 universities, the UCLM School of Civil Engineering does not have one. This fact significantly 236 disturbs the students' technical English education and makes them less competitive in the current 237 labour market. Aware of this problem, and taking advantage of the effort being made by the Vice 238 Chancellor of International Relations in its commitment to internationalization, the UCLM School 239 of Civil Engineering has outlined a strategy to improve the competitiveness of the students at an 240 international level, gradually promoting and introducing the use of English in its academic offer. 241 This strategy includes the following actions: (1) improving the students' self-confidence so that 242 they can successfully face courses in English; (2) developing the students' communicative skills 243 in English (this is key to the school as it uses a project-based learning methodology); (3) 244 encouraging critical thinking, discussion, and participation among students; (4) increasing the 245 number of courses taught in English; (5) creating a "Technical English" course; and (6) promoting 246 the creation of new ERASMUS agreements and double degrees with foreign universities.

247 The first step to responding to these actions is the "Lunch&Movies" proposed below.

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3- Proposed activity: "Lunch&Movies"

As has previously been explained, the purpose of this project is to develop students' communicative skills (both listening and speaking) in English, encouraging discussion and participation, and increasing their confidence to speak English in public. For this reason, it is proposed as an entertaining and fun learning activity outside of the classroom and away from regular evaluation systems through voluntary training activities in sessions called "Lunch&Movies". These sessions were carried out during lunchtime (the school provides the food) with an average duration of 75 minutes and were held throughout the 2015-2016 and 2016-2017 academic years.

In order to organize the sessions, the lecturers that are involved in the activity meet at the beginning of each semester. Then, they decide the dates for developing the different sessions (usually once a month). The schedule is defined taking into consideration the students' availability and checking the different course timetables and exams that are planned to date.

262 Each lecturer has to prepare a session that deals with a topic that is normally related to their 263 research field: urban planning, transportation, hydraulics, geotechnics, environment, technical 264 drawing, and materials and structures (see Table 1, where the main characteristics of the videos 265 are reported together with the attendance of students and lecturers). The organization of the 266 sessions consists of searching for a video of about 20-40 minutes in length and preparing a "screening guide" with key technical vocabulary that is used in the recording (including opaque 267 268 words as described by Watson Todd, 2017) and around ten related questions for debate. Other 269 alternatives to teach language skills used in the literature include role playing (Farley, 2019, Lei 270 and Hu, 2019, Zhang and Ardasheva 2019).

One week before each session, the activity is announced on the social networks and other platforms that are available in the school. An inscription survey is attached to this announcement that gives an estimate for the quantity of food that will need to be provided during the screening and offers a self-reported English level of the students.

The "Lunch&Movies" on Technical Civil Engineering activity has two clearly differentiated parts. During the first half of the session, attendees watch the video in English that has been chosen 277 by the professor in charge. In the second half of the session, students are divided into groups of 3-278 4 people led by one or two lecturers to have a debate about the viewed video. It is important to 279 note that the groups are defined at the beginning of the session according to the information 280 compiled in the inscription survey, so that the members of each group have a similar level of 281 English. Under the guidance of the assigned lecturer, students first identify the meanings of 282 different English technical terms that appeared during the screening, followed by a debate about 283 some issues related to the video. It has been proven that added exposure to terminology in different 284 contexts, even when brief, contributes to learning even if the media are associated with different 285 languages (Mezek et al., 2015). At the end of each session, a leader from each group is responsible 286 for presenting their main conclusions to the rest of the participants.

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Table 1. List of sessions, area, topics and attendance

	Area	Торіс	Duration of the video (min)	Students	Lecturers
1	Structural	M. Garlock (Princeton University) at	23:11	41	11
	engineering	Conference of IABSE in Madrid 2014			
2	Urban planning	Do our cities still work? Our Canada	19:29	34	12
		documentary			
3	Hydrogeology	Depleting the water: California's	13:45	24	8
		groundwater crisis			
4	Innovation	Robotics in engineering	16:40	14	8
		TED-TALK: Robots that fly and			
		cooperate			
5	Construction	Civil Engineering catastrophes	19:39	15	11
6	Hydraulics	NGC: Holland's barriers to the sea	20:14	6	8
7	Structural	NGC: The Oresund bridge	18:48	9	5
	engineering				
8	Construction	The big challenge: Construction of	24:00	20	10
		the Kennedy Space Complex			
9	Transportation	How to manage a container terminal	30:10	22	8
		in a port			
10	Hydrology	Floods: challenging our future #1	18:40	14	4
11	Hydrology	Floods: challenging our future #2	21:30	20	10

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In order to improve the learning process, students receive feedback on their speaking exercise during the debate as it is a key aspect if we are committed to improving students' English skills (Kuhn and Vaught-Alexander, 1994; Berthouex, 1996). After the sessions, students complete an 292 online survey about what they have learnt and about the usefulness of the sessions. This evaluation 293 may also be supplemented with pre-and post-participation level tests aiming to form groups 294 composed of lecturers and students with a similar level of English, regardless of the academic year 295 in which they are enrolled. Although students are not required to have a minimum level of English, 296 lecturers are required to have at least a B2 level. In so doing, the project achieves three paramount 297 objectives: firstly, students feel more comfortable and get over their shyness about speaking 298 English in public; secondly, students from different years and degrees (undergraduate and Masters) 299 get to know each other; and thirdly, it fosters collaboration between lecturers and students.

300 This project aims to develop and hone the different English skills related to the learning and 301 improvement of a foreign language for Spanish Civil Engineering students:

To improve the ability of the students to understand the technical vocabulary of the main
 areas in Civil Engineering, as well as to develop advanced aspects in English (Mudraya,
 2006). In addition to the general knowledge of the English language, the technical
 vocabulary and expressions will be essential in the students' future careers.

- To improve the students' ability to speak fluently in English as well as the ability to
 synthesize ideas and express them correctly.
- To improve the ability to negotiate in English when facing different opinions. After
 finishing the Bachelor of Civil Engineering, they will face situations in which they should
 be able to discuss and express their opinions correctly in English.
- To improve the students' ability to understand lectures and technical videos in English,
 which not only contributes to learning technical English but also expands their knowledge
 with respect to the Civil Engineering environment.

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Finally, the project also improves the students' educational mobility in study abroad
 exchange programs, as international experience in engineering is warmly welcomed by
 current global engineering firms (Gömleksi'z, 2007).

317 In order to evaluate different aspects of the proposed activity (such as the activity interest, the 318 participants' satisfaction or the activity's impact), a set of surveys were conducted and are analyzed 319 in the following section.

320 4- Conducted surveys

321 Throughout the different stages of the project the following three surveys were conducted in 322 the Civil Engineering School of UCLM: (1) Language preferences. This survey aimed at 323 discovering the student's preferences for their instruction language as well as their perception of 324 the importance of English skills in their future careers. This survey was conducted among all 325 school students before the realization of the proposed activity to justify its interest. (2) "Lunch&Movies" participants' satisfaction: A satisfaction survey was delivered after each 326 327 "Lunch&Movies" session. The analysis of this data enabled the detection and correction of 328 problems for the following sessions as well as identifying whether or not the session fulfilled their 329 expectations. (3) "Lunch&Movies" influence: the students' perception was elaborated to check in 330 what sense the sessions had helped them in better facing technical concepts in English in their 331 courses, or outside the classroom in their personal life.

332 <u>4.1- Survey 1: Language preference</u>

In order to assess the students' preferences of the lecture language at the UCLM School of Civil Engineering a survey was conducted in 2013, which was answered by 85% of the students enrolled at the school (135 students), showing the high interest in this issue. General results showed that (1) students agreed on the importance of technical English for their future career; (2) the students' 337 level of English was far from that required by other Spanish schools of Civil Engineering; (3)

338 students had a lack of English skills that are difficult to train in regular courses (i.e. speaking) and

339 would require complementary activities in order to develop these skills.

Both the questions and the proposed answers are summarized in Table 2. The questions are clustered in the three following blocks: English level, English understanding and Language

342 preference.

343	Table 2. L	anguage	preference	survey at	the UCLM	School of	f Civil E	ingineering
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Block	Question		
English level	Q1. What is your current level in English?		
	Answers: <b1, b1,="" b2,="">B2</b1,>		
English understanding	Q2. How much would you understand of a course in English?		
	Answers: [0-25]%, [25-50]%, [50-75]%, [75-100]%		
Language preference	Q3. What language would you prefer for lectures?		
	Answers: English, English with Spanish keywords, Spanish, Spanish with English keywords		
	Q4. Why do you prefer Spanish language for lectures?		
	Answers: Importance, Fear of English, Easiness of Spanish		

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346 The answers to each of the four questions are summarized in Figures 2a-d. Each of these figures

347 includes the results obtained for each of the courses of the undergraduate degree (D1 to D4), the

348 first year of the Master's degree (M1), and the school's average.



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Figure 2. Results of the language preference survey. a) Level of English. b) Percentage of understanding lectures in
English. c) Preferences of course language, E: English, E+S: English with Spanish keywords, S+E: Spanish with
English keywords, S: Spanish. d) Reason for preferring Spanish lectures. Results correspond to the first to fourth
undergraduate degree courses (D1 to D4), first year of the master degree (M1), and the School's average.

355 Figure 2a shows that the students' level of English is, on average, B1 or lower. The course with 356 the highest level is clearly M1, which is explained by the fact that a B1 certificate is required in 357 the Master's admission process. Regarding the school's average, a level of English higher than B2 358 is only obtained by 11% of the students. As presented in Figure 2b, most of the students would 359 understand less than 50% of a lecture in English. Again, there are big differences between the 360 results from the degree courses and the Masters course, with the latter showing a significantly 361 higher understanding. This issue might be explained by the fact that, unlike the degree, the Masters 362 has a bilingual character and includes courses in English. Figure 2c illustrates how the students

363 clearly change their language preference throughout their undergraduate studies, preferring 364 Spanish lectures at the beginning and successively shifting towards "Spanish with English 365 Keywords" towards the end. Then, Masters students prefer English lectures. Consequently, these 366 results show that throughout their studies students become more interested and aware of the 367 importance of learning technical English for their professional careers. The school's average shows 368 almost the same preferences for the four possible language options. Finally, Figure 2d shows that 369 the main reason for preferring lectures in Spanish is the "fear of not being able to follow courses 370 in English", with the second being the easiness of studying in their mother tongue.

371 <u>4.2- Survey 2: "Lunch&Movies" participants' satisfaction</u>

372 Before each session participants were required to register in order to efficiently organize the 373 discussion groups according to language level. These records offer some interesting information. 374 The registration form contains fields for name, email address, year, and self-reported English level 375 measured in a range from 1 to 10. Although the final attendees do not match perfectly with the 376 students registered initially, the registration records are statistically representative. For example, 377 most of the registered students report an English level ranging from 5 to 7 (Figure 3a), which 378 matches the results shown in Figure 2a, where the level of English is B1 or lower for two thirds of 379 the students.

Attendance was also assessed in order to measure the students' interest in the activity. Although most of the registered students participated three times or less (Figure 3b), there was a group of active, consistent attendees. In addition, it must be taken into account that the activity was developed over two academic years, and some of the participants had completed their studies and left the school. This can be seen in Figure 3c, where almost 60% of the attendees were either Masters students or final year undergraduate students.



Figure 3. Results of the analysis of the registration records. a) Distribution of the self-reported English level. b)
Distribution of the number of attended sessions. c) Distribution of attendees by year (results correspond to the first to
fourth undergraduate degree courses (D1 to D4), first to second year of the master degree (M1 and M2), and other
situations (alumni, external, or supporters).

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392 Finally, the self-perception of the English proficiency is crucial in this activity as it helps to 393 assess whether their English proficiency level improves, remains the same, or even worsens. 394 Although most students were consistent about the level of English they assigned to themselves, 395 some of them changed the values as the sessions progressed. Figure 4 shows the declared English level in the i^{th} session plotted against the value declared in $(i + 1)^{th}$ session. Points outside the 396 397 diagonal (marked with a dashed line) are changes in the self-perception, showing more points on the upper side of the line than on the lower side. Overall, the level declared in an ith session is 398 399 improved in the following session rather than worsened, probably triggered by the previous 400 experience of video screening and group discussion.



401

402 Figure 4. Changes in perception of the self-reported English proficiency level.403

In addition, shortly after sessions 1, 2, 3 (season 1, 2015), 8 and 10 (season 2, 2016) a survey was distributed among the participating students, usually within a day, to evaluate their satisfaction with the session. The survey requested them to rate their answers to several questions on a fivepoint Likert scale (1 – not at all, 2 – not really, 3 – neutral, 4 – somewhat, 5 – very much). Likert scale surveys can be helpful to evaluate students' attitudes (Dermo, 2009). The questions were grouped into three blocks, which evaluated the first part of the session played (three questions), the discussion session (four questions), and the overall satisfaction (one question) (see Table 3).

411 Table 3. Satisfaction survey for the preceding "Lunch&Movies" session

Block	Question		
Video	Q1a. How interesting were the contents of the video?		
	Q1b. How easy to follow was the video?		
	Q1c. How adequate was the format of the video (documentary, interviews, etc.)?		
Discussion session	Q2a. How adequate was the composition of the discussion group?		
	Q2b. How adequate was the leader of the discussion group?		
	Q2c. How interesting were the topics covered in the discussion?		
	Q2d. How actively did you participate in the discussion?		
Overall satisfaction Q3. Overall, how satisfied are you with this Lunch&Movies session?			

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414 On average, around 40% of the participants replied to the satisfaction survey after the sessions.

415 Figure 5 represents the percentage of answers received in each of the 5 points of the scale. The

416 percentages are plotted using diverging stacked bars (Robbins and Heiberger, 2011). The positive 417 categories ("very much" and "somewhat") are represented in positive percentages, while the 418 negative categories ("not really" and "not at all") are represented in negative percentages. The 419 neutral category splits in half into positive and negative percentages. This provides a baseline of 420 zero to compare results, in this case for different questions (Figure 5a) and in different sessions 421 (Figure 5b).



Figure 5. Students' answers to the Satisfaction survey questions in Table 3. a) Results obtained for each question for all the five analysed sessions. b) Overall satisfaction (question Q3) for each session.

426 Figure 5a shows the results obtained for each question for all five of the analysed sessions. We 427 can observe that the results are mostly positive, with very few negative answers. The positive 428 answers are more numerous than neutral and negative answers combined in all questions but one, 429 question Q1b, which obtains more responses in the neutral category. This question assesses how 430 easy to follow the video was, showing the difficulties students may face when listening to or 431 watching videos in English and thus with their listening comprehension skills in English, 432 especially regarding technical concepts in Civil Engineering. This fact would reinforce the motivation for holding these sessions, as it is necessary to be exposed to different accents that 433 could be encountered in their professional careers when working with people of different 434

nationalities (Dai and Goodrum, 2011). However, their usefulness could also be hindered by this
difficulty, so English subtitles were displayed during the video screening where possible to avoid
this problem.

The question with the highest percentage of positive answers and no negative answers was question Q3 (Figure 5b), which evaluates the overall satisfaction with the session, showing the acceptance of this extracurricular activity. We can observe that the total percentage of positive answers is always large and does not oscillate much from session to session (between 87.5% and 100%). Consequently, the results show very high satisfaction on the part of the students with this innovative experience.

444 <u>4.3- Survey 3: "Lunch&Movies" perception</u>

Finally, in order to evaluate the perception of the students on the usefulness of the experience, a new survey was conducted in March 2017 based on several keywords. The proposed questions, and the keywords they were based on, are summarized in Table 4. In this survey the students had to state the number of sessions they had attended (out of a total of 11) and rate their answers on a five-point Likert scale (1 – not at all, 2 – not really, 3 – neutral, 4 – somewhat, 5 – very much).

Keyword	Question
Motivation	Q1. The activity has encouraged me to spend more time developing my English language skills
	(screening videos, series or movies, looking for information for an assignment in books or
	articles, trying to decipher the lyrics of a song, etc.)
Confidence	Q2. Participating in this activity has increased my confidence to listen and speak about English
	technical topics in public.
Level perception	Q3. Participating in this activity has contributed to improve my perception of my level of
1.2%3. 52	English and my ability to manage in a technical environment in English.
Internationalization	Q4. The activity has increased my predisposition towards an academic stay or professional
	job abroad.
Overall fruitfulness	Q5. Participating in this activity has contributed to increase my level of understanding and
	follow-up of the courses taught in English. (Only for master students)

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451 **Table 4. Survey of the fruitfulness of the activity**

The answers to the first four questions are summarized in Figure 6. Over 70% of the answers reported the effectiveness of the activity in terms of motivation, confidence, and self-reported English level, proving the benefit of the activity. However, this trend is more heterogeneous regarding the proposal of a medium or long-term stay/job abroad. This fact is influenced by other external factors (i.e. culture, family, education, etc.), but other activities might be undertaken at the school in order to improve this result (i.e. role-playing activities, more engineering courses in English, fostering the students' educational mobility in study abroad exchange programs, etc).

459 As for the benefit of the activity for students taking further courses in English there are no clear 460 conclusions (see Figure 6). The results could be related to their initial level of English: those with 461 a lower level may have increased their level of understanding and those who reported a higher 462 level would not necessarily need the activity in order to take further courses. In the end, the 463 proposed activity is not a regular English teaching course since the main aim is in providing 464 communicative skills in English technical concepts, which might not be necessary to continue on 465 with a regular engineering course. This possible explanation could be partly related to the results 466 in Figure 4 where a comparison is made between the self-perception level in consecutive sessions. 467 In Figure 4, those who reported initial levels below 5 always increased their level in the following 468 sessions, while those who reported initial levels above 5 have no clear trend. In order to better 469 understand this issue, more information about the level of English of the respondents is needed so 470 that some correlation could be established between the English level and the fruitfulness of the 471 activity in relation to the courses.

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Figure 6. Results related to the students' perception survey.

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480 **5-** Academic performance of the participants

In this section, the academic performance of the "Lunch&Movies" participants is evaluated. To do so, firstly their participation in international programs such as the Erasmus + or Texas A&M specialization course at UCLM is analysed. Secondly, the grades of these students in a pilot subject are studied.

485 <u>5.1 Erasmus and other international courses</u>

The participation in international programs of the Degree and Masters students of Civil Engineering is illustrated in Figures 7 and 8, showing the participation of the students (M: Masters, D: Degree, M+L&M: Students from Masters taking part in the "Lunch&Movies" and D+L&M: idem with degree students) in two international programs. The first figure (Figure 7) studies the Erasmus + program for exchange students in Europe, while the second one (Figure 8) shows the results of the study abroad program with Texas A&M University at UCLM entitled "Advanced

492 Studies in Civil Engineering" with the subjects Geomatics for Civil Engineering CVEN423 and



493 Water Resources Engineering CVEN339.



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Figure 7: Evolution of participation in the Erasmus + program



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497 Figure 8: Evolution of participation in the study abroad program organized by Texas A&M University at UCLM.
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499 At first sight, in Fig. 7 a downward trend can be observed in the number of students that take part

500 in the Erasmus+ program but, in fact, if we take into account the decrease in the number of degree

501 students, it is not a real downward trend.

502 What we have observed when we analyze the reaction between "Lunch&Movies" and the students'

503 participation in the international programs is that there are two different types of behavior. On the

504 one hand, there are those students who did not participate in any of them and tried to develop their 505 English skills using other methods, such as "Lunch&Movies". On the other hand, there are those 506 for whom the "Lunch&Movies" sessions develop their confidence to participate in the programs. 507 The downward trend observed in Fig. 7 for Masters students taking part in the "Lunch&Movies" 508 who obtain an Erasmus grant is related to the fact that there were no "Lunch&Movies" sessions in 509 the previous year, so, many of the students who arrived to do a Masters in UCLM, had never had 510 the opportunity to take part in a "Lunch&Movies" session. Furthermore, if we observe the same 511 group of students, in Fig. 8, there is a growing tendency in participating in the Texas A&M study 512 abroad program. For this reason, it can be said that the results are favorable due to the fact that 513 when they have the opportunity to participate in "Lunch&Movies" sessions the trend leans towards 514 an increased tendency to participate in the international programs.

515 <u>5.2 The Building Design course from 2015-2018</u>

This section analyzes the results of the pilot subject "Building Design". This subject is taught during the first academic year of the Master of Civil Engineering. The instruction language is through English. The subject involves 33.75 academic hours of lectures, and two course projects carried out in groups. In return, they receive 4.5 ECTS. Unlike other courses in the curriculum, the students' participation in class is highly encouraged and evaluated. In fact, their grade is calculated based on the following criteria: (a) 40% assignments, (b) 40% written exams and (c) 20% public exposition of the assignments and class participation.

Since 2015, the number of students in the course varied from 20 to 27 with the proportion of"Lunch&Movies" participants illustrated in Figure 9.

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This section focuses on the analysis of the grades in the third criterion (public exposition of the assignments and class participation), as it refers to the same set of skills developed by the "Lunch&Movies" activity. In fact, a comparison of the grades obtained by the "Lunch&Movies" participants in the public expositions is carried out with those of the rest of students in Figure 10. This figure includes the mean, maximum and minimum grades of the students.



Figure 10: Comparisons of the grades obtained by the students participating into the L&M with the statistical distribution of the rest of the class.

In order to ascertain if the academic performance of the students who participated in the program is statistically better than that of those who did not participate, the following research hypothesis can be stated: The participation in the "Lunch&Movies" program improves the oral academic performance in the technical English of the students.

551 This leads to the following null Hypothesis 1: (For each year) Students participating in the 552 "Lunch&Movies" program did not perform significantly better than the other students (that is to 553 say, those who did not participate in the "Lunch&Movies" activity).

An unpaired, one-tailed Student's t –test was applied. The calculated values of p show the probability of these results to make the null hypothesis assumption. Assuming, as in the traditional literature, an alpha level of p =0.05, we may reject the null hypothesis at values of p<0.05.

In all analyzed courses, the null hypothesis may certainly be rejected, as the values of p yielded (0.0056, 0.0083 and 0.0041 respectively) are marginal. Therefore, it can be concluded that the oral academic performance of the students who participated in the program was statistically better than that of those who did not participate. However, it should be noted that these results are influenced by the lower number of students participating in the "Building Design" course.

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6- Recommendations for implementation in other areas

This paper is based on a specific experience regarding the informal learning of English skills in a Civil Engineering context, but the methodology here presented can certainly be extended to other educational fields or competences. On the one hand, the dynamics of the activity can be replicated to enhance students' language skills in other areas. For example, in Spain it could be similarly applied in Nursing Schools, as, nowadays, Spanish nurses have a similar need to emigrate in order to find jobs abroad (Galbany-Estragués and Nelson, 2016). On the other hand, the method presented in this paper could be adapted to enhance specific competences. For example, it could 570 be used within the field of language skills to help exchange students (e.g. Erasmus students) to 571 learn or improve their local language skills. Informal training activities such as "Lunch&Movies" 572 can serve to reinforce their skills in the local language and thus facilitate their adaptation to the 573 classes and life in the host country. Outside the field of languages, this activity can be adapted to 574 work, or reinforce other necessary skills such as teamwork, communication or critical thinking. In 575 fact, in this same School of Civil Engineering there have already been "cine-forum" type 576 experiences in which a film was used as a means of reflection and debate on topics as diverse as 577 the human rights to water and sanitation, development cooperation, gender inequality, sustainable 578 development, etc.

579 In any case, some lessons learned and recommendations for such activities can be summarized as580 follows:

Identification of technical areas and professors. It is of the utmost importance to involve as
 many technical areas and professors as possible in order to promote multidisciplinary
 sessions that are of interest to all the students.

584 2) Selection of videos for each session. The videos should be entertaining in order to make 585 the session appealing to the students. In the case of videos oriented towards the 586 improvement of language skills, and depending on the level of the group, the use of 587 subtitles may be recommended.

3) Worksheet with keywords and suggested questions. The viewing guide should be followed
in the forum session. With regards to the vocabulary part, it is recommended to encourage
student debate over the words rather than simply translating the terms. The professors
involved should act as mere moderators, encouraging and helping the students to present
their ideas.

4) Elaboration of conversation groups based on students' language level, according to selfassessment through survey. Students' perception can be significantly different, so students
should be tracked and placed in the correct groups by the professors for successive sessions.
Students should change professors through successive sessions, in order for them to face a
challenge every time.

5) Survey to improve successive sessions. It is recommended to survey the students about 599 their experience during the sessions. To motivate their answers, the survey can be presented 600 as compulsory in order to attend successive sessions.

601 6) The activity is suggested to be held at lunchtime to enable students' participation.

602 7) Free snacks might also increase students' participation.

8) Extra-curriculum recognition (ECTS) might also improve students' attendance. In our
particular case, this measure will be tested in future activity editions.

605 Finally, an additional activity of further development could be envisaged to complement and 606 reinforce this project. Even implementing a PBL methodology, a shared comment by students is 607 the lack of facing real professional situations before graduation. Based on a "role play" game, a 608 technique widely used in MBA studies, the UCLM School of Civil Engineering is planning to 609 develop role-playing activities on real-life professional situations, where students train both their 610 empathy and their communicative and negotiation skills in English (Dorathy and Mahalakshmi, 611 2011). During each session, and guided by lecturers as well, students will be divided into groups 612 of 3-4 people. Each member of these groups is assigned a different role in a hypothetical 613 professional situation. For example, if a problem occurred during the construction process of the 614 Panama Canal, the different roles of a group of 4 people could be: a member of the local administration, a member of the construction firm, a member of the protection agency of birds,and the investor.

617 **7-** Conclusions

618 This paper presents an innovative methodology to improve the communicative skills of of 619 Spanish Civil Engineering students during their undergraduate and Master's degrees. This teaching 620 methodology allows students to develop listening and speaking skills in English that are rarely 621 enhanced in the degree. In this sense, an entertaining and fun learning process outside of the 622 classroom and far from traditional evaluation systems is proposed. It has been successfully applied 623 in the School of Civil Engineering of Ciudad Real, in the University of Castilla-La Mancha during 624 two academic years, encouraging debate, participation and the improving student's confidence in 625 the English language by means of "Lunch&Movies" sessions.

626 The "Lunch&Movies" sessions deal with technical Civil Engineering topics, in which students 627 watch a movie or a lecture on one of the main areas of Civil Engineering (urban planning, 628 transportation, hydraulics, geotechnics, environment, technical drawing, and materials and 629 structures) in English. After the screening, students work in small inter-cohort groups composed 630 of students from different courses and a guiding lecturer. These groups first identify the meaning 631 of the different technical terms in English that appeared during the screening, and subsequently 632 debate the different questions related to the video. The project increases the technical vocabulary 633 in English in the main areas of Civil Engineering and provides a broader engineering knowledge 634 on concepts studied in the different courses. Moreover, the students are also introduced to the use 635 of audio-visual material for language learning, increasing their listening skills in English, and 636 furthermore with different accents that may be needed in their professional career when working 637 with people of different nationalities. In this sense, the project encourages teamwork and trains the students' social skills for communication and for looking for agreement, developing their criticalthinking and respect for different opinions.

640 Different types of surveys were conducted at different stages of the project to evaluate the 641 fulfillment of the objectives. The first one was conducted with all school students before the 642 realization of the project to justify their interest and their level of English. The second type of 643 survey was restricted to the participants of the "Lunch&Movies" sessions in each activity to verify 644 the level of satisfaction and the possibilities of improvement in the next session. Finally, a third 645 type of survey was carried out to find out the students' perception as to how the sessions helped 646 them in better facing technical concepts in English both in their courses and outside the classroom 647 in their personal life.

The results of the initial survey reflected that the level of English certified by the Civil Engineering students was low, especially for the undergraduate students, however they were all aware of the importance of the technical English aspect for their future career. In addition, students presented a lack of skills that are difficult to train in regular courses (i.e. speaking). Therefore, complementary activities, like the ones suggested in this paper, are needed to develop these abilities.

The results of the polls in each "Lunch&Movies" session showed that, although most students reported a similar level of English throughout the activity, some of them improved their selfperception as the sessions progressed, giving evidence to the benefit of the activity. Then, activities like the ones proposed in this project become crucial when reinforcing and strengthening the curriculum of (Spanish) Civil Engineering studies for this new globalized era. Moreover, all the students manifested a positive satisfaction with the activity and a better comprehension of the video. 661 At the end of the project, students reported the effectiveness of the activity in terms of 662 motivation, confidence, and self-reported English level, proving the benefit of the activity, 663 however some of them showed difficulties in their predisposition to work abroad, that could be 664 influenced by other external factors (i.e. culture, family, education, etc.).

665 On the other hand, the academic performance of the "Lunch&Movies" participants was 666 evaluated through their oral performance in a pilot subject in English and by the participation in 667 international programs, such us the Erasmus program.

668 The students participating in the sessions got better results in the pilot subject than those who 669 did not. Furthermore, there was an increase in the number of applications for the Erasmus and 670 Texas A&M Program. Thus, the participation in the "Lunch&Movies" program improved the oral 671 academic performance in technical English and the confidence in a foreign language.

672 Finally, an additional activity of further development could be envisaged to complement and 673 reinforce this project. Even implementing a PBL methodology, a shared comment by students is 674 the lack of facing real professional situations before graduation. Role-playing activities on real 675 professional situations are being planned to improve this project.

676

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